

# THINK TANK ON SCHOOL NUTRITION & ACTIVITY

Friday June 16, 2006

## Purpose of this Event

Due to concerns about an obesity epidemic in children, the role of the school environment has been under examination. In bringing together relevant stakeholders, the objectives of this one-day workshop are:

1. To develop an evidence-based policy approach for promoting healthy nutrition and active lifestyle environments in schools.
2. To identify the partnerships required to implement effective school nutrition and activity policies.
3. To serve as a catalyst for an increased focus on improving the nutrition and activity behaviour of school-aged children.

## Meeting Format & Output

The day will include background presentations followed by participant breakout groups assigned the task of providing recommendations to guide future developments on school nutrition and activity policies. The recommendations will be contained in a published report of the meeting.

### Keynote Address: How children formulate eating behavior

Dr. Leann Birch, Ph.D., Pennsylvania State University, Center for Childhood Obesity Research

### Physical activity & children

Dr. Mark Tremblay Ph.D., University of Saskatchewan, College of Kinesiology

### What school-aged children are eating

Dr. Rhona Hanning RD, Ph.D., University of Waterloo, Department of Health Studies & Gerontology

### Children's lifestyle and school-performance study (CLASS): results & gaps in evidence

Dr. Paul Veugelers Ph.D., University of Alberta, Department of Public Health Sciences

### School nutrition call-to-action: Creating a healthy school nutrition environment (Ontario)

Lucy Valteau MHSc, RD, Chair of OSNPPH School Nutrition Workgroup, York Region Health Services

### What the food industry is doing (Panel)

Panel Moderator (to be determined)

YOU'RE INVITED TO A

# THINK TANK ON SCHOOL NUTRITION & ACTIVITY

Co-hosted by CCFN & PFSNRA



Join us for a full-day think tank in Toronto this spring, bringing together high profile leaders in academia, industry, government and education



CANADIAN COUNCIL OF FOOD AND NUTRITION



MARKLAND WOOD GOLF CLUB  
245 Markland Drive  
Etobicoke, Ontario  
Golf club phone: 416-621-2260

Program in  
Food Safety, Nutrition &  
Regulatory Affairs (PFSNRA)

Event Time: 8:30 am to 3:00 pm  
Registration/Check-In: 7:00 - 8:30 am

Event Registration Fee  
PFSNRA & CCFN Members: no charge  
Invited guests: \$75.00  
To be paid by cheque or cash at the door

Registration deadline: June 6, 2006 (noon). Each registrant will be sent a reading package prior to the event.

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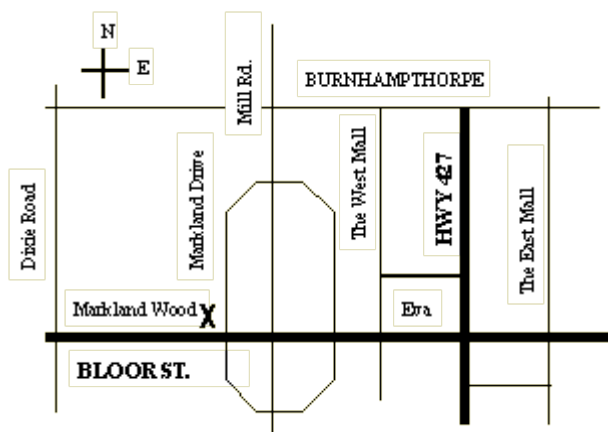
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## Directions

Please note - there is no exit onto Bloor Street from Hwy 427. Exit at Burnhamthorpe Road if you are heading North (take Burnhamthorpe to Mill Road to Markland Drive); or Eva Road if you are heading South (take Eva to West Mall to Bloor Street).



## Registration Form for Think Tank

E-mail inquiries: info@ccfn.ca  
Telephone inquiries: 905-265-9124  
Fax registration form to: 905-265-9372  
Registration deadline: Monday June 6, 2006 (noon)  
Who should attend? Members of CCFN and PFSNRA (1 delegate) and other key stakeholders by invitation only  
Cost: \$75/non-member of CCFN or PFSNRA  
Payment: Cash or cheque paid at check-in time (7:00-8:30am) on day of event or cheque mailed to CCFN with registration.  
Receipts will be issued at the event during check-in.

Name of attendee:

Place of work:

Contact phone number:

Contact e-mail address:

Contact mailing address\*\*:

\*\* A package of readings will be sent to each registrant prior to event

## Additional Information

### Day of Event

Check-in registration: 7:00 – 8:30 am

Proceedings: 8:30 am – 3:00 pm

Please check out website regularly for updates: [www.ccfn.ca](http://www.ccfn.ca)

Made possible by a donation from the National Institute of Nutrition